

International Health Development

2022-2023

Term

Spring semester

Period 3 + 4 (preparation phase during period 1 and 2)

General information

Do you want to challenge yourself by conducting a research project or developing a product in a developing country?

The aim of this minor is to provide students with a better understanding of the health care system in developing countries and elaborate in local initiatives to enhance health care (systems).

Students will travel abroad to a developing country of their choice to perform research or be involved in the development of innovations in the field of public health.

After a preparatory period during the months September 2022 to February 2023 in which you take care of project choice, travelling, visa and insurances, a four week intensive training program will get you started to execute an innovative (research) project. After approval of your project plan, you will travel to the intended country to execute this plan. In this period you will do a research project or develop a product in the field of public health.

In the four intensive preparation weeks, you will be involved in classes for approximately four hours a day, three/four days a week. The rest of the time you'll be preparing your project. The subjects of the minor are among others: Intercultural awareness, inclusive development, nutrition, health care systems, primary health care and community based rehabilitation.

During your stay in the country of your choice, the amount of time spend on the project is approximately 32 hours a week for 13 weeks.

After returning, you have to incorporate the last remarks in your final paper, prepare and do an oral presentation and finish your reflection on action (process report). This all will take place in one week.

The expertise of the international professional 'IHD'

After the minor you are able to plan, execute and evaluate (part of) a project adding to the quality of healthcare. Furthermore you are able to investigate and use different cultural and socio-economical factors that contribute to the (non)inclusion of disabled people in developing countries. This knowledge and skills contribute to a better understanding of and practise in a multicultural setting, both in developing countries and western healthcare.

Programme

After a preparatory period during the months September 2022 to February 2023 in which you take care of project choice, travelling, visa and insurances, a four week intensive training program will get you started to execute an innovative (research) project. After approval of your project plan, you will travel to the intended country to execute this plan. In this period you will do a research project, develop a product or service, or implement an existing product or service in the field of public health.

In the four intensive preparation weeks, you will be involved in classes for approximately four hours a day, three/four days a week. The rest of the time you will be preparing your project and thus writing the research proposal or project plan.

During your stay in the country of your choice, the amount of time spent on the project is approximately 32 hours a week for 13 weeks, including all administrative work.

After returning, you have to incorporate the last remarks in your final paper, prepare and do an oral presentation and finish your reflection on action (process report). This all will take place in one week.

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Entry requirements / level

- Submit your motivation letter before 1st of April 2022.
- 3rd* or 4th year full time students of Physiotherapy, 4th year students of Arts Therapy or 4th** year students of Nursing.
- Undergraduate level.
- * Conducting a 'seniorstage' is a prerequisite for 3rd year students of Physiotherapy to apply for this minor.
- ** PLP3 needs to be marked sufficient.

Literature (subject to changes)

Skolnik R, Global Health 101, Fourth edition, Jones & Barlett Learning, 2019.

Examination

With this minor a total of 30 ECs can be obtained; divided as follows:

- Project document (60%), which includes the reflection report (counts for 40%) (26 EC);
- Presentation (2 EC);
- Active participation (2 EC).

All grades must exceed 5.5.

Application form

Interested? Please fill in the required application form, which can be downloaded from our website: <http://www.hsleiden.nl/english>

Submit your motivational letter to the minor coordinator (see mail address below) plus two references (tutors).

Application deadline

1 April 2022

Tuition fees

There are no tuition fees required for students from partner institutions.

Accommodation

Our university does not have its own student accommodation. A local student housing corporation offers temporary, furnished rooms and apartments to international students. You can find more information about accommodation on our website.

Contact

If you have questions about the content and/or the organization of the minor please contact Margriet Lambregtse.

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